

	SUN 4,11,18,25	MON 5,12,19,26	TUE 6,13,20,27	WED 7,14,21,28	THU 1,8,15,22,29	FRI 2,9,16,23,30	SAT 3,10,17,24,31	
6:00A	<b>BBC World News</b>						Smart Travels (R)	
6:30A	Supernatural Science (R)	Healthy Body	Kid Fitness	Health Sense (R)	Keep Kids Healthy (R)	Healthy Body	Rick Steves (R)	
7:00A	Balancing Your Life (R)	<b>Power Yoga</b>					Big Comfy Couch (R)	
7:30A		<b>Wai Lana Yoga</b>					Signing Time (R)	
8:00A		Classic Gospel	<b>Classical Stretch</b>					See More Plyhse (R)
8:30A		Music & Spoken Word	<b>Sit and Be Fit</b>					Peep & B W World (R)
9:00A	Zula Patrol	<h2>Classic Arts Showcase</h2>					Muffy & Friends (R)	
9:30A	Danger Rangers (R)						Donna's Day	
10:00A	Saddle Club						Garden Smart	
10:30A	Kid Fitness						P. Allen Smith's Garden Home	
11:00A	Keeping Kids Hlthy						<b>Classic Arts Showcase</b>	
11:30A	Health Sense	Real Moms (R)	Classic Arts Showcase	Lassie's Pet Vet				
NOON	Piano Guy	Rick Steves Europe (R)	Real Moms			2-Smart Travels (R) <i>Grannies on Safari</i>	Knox Wild Zoofari	
12:30P	Expressions' Best Of 76,79,81,82	Travels to the Edge w/ Art Wolf	Life Focus			2-Travel Scope (R) <i>Ride of Our Lives</i>		
1:00P	Rick Steves Europe (R)	Amer Wood Shop	Katie Brown Workshop	Perspectives	Woodturning Workshop	Building Green		
1:30P	Travels to the Edge w/ Art Wolf	P. Allen Smith's Garden Home	Living Smart	Cultivating Life	Garden Smart	P. Allen Smith's Garden Home	Best of Joy of Painting (R)	
2:00P	<b>Swiss Rail Journeys (R)</b>	Painting with Paulson	Gary Spetz Painting	Best of Joy of Painting	Best of Scheewe Art Workshop	Jerry Yarnell School of Fine Art	Gary Spetz Painting (R)	
2:30P		Scrapbook Memories	Paint, Paper & Craft	For Your Home	Needle Art	Beads, Baubles & Jewels	Painting w/ Paulson (R)	
3:00P	4-Gates of Arctic (60) & Lahaina: Waves of Chg (60)	Sewing with Nancy	Fons & Porter Love of Quilting	Martha's Sewing Room	Kaye's Quilting Friends	America Sews with Sue H.	Chef's Story	
3:30P	11-Erma Bombeck (30) & Royal Academy (60) & Mothers & Sons (30)	Lidia's Italy	Taste of Louisiana	Mexico One Plate at a Time	Gourmet's Diary Foodie	Bake Decorate	Christina Cooks	
4:00P	18-Red Hat Society (60) & Saving Yr Treasures (60) & 25-SS United States: Lady In Waiting (60)	Chef Paul Prudhomme	America's Test Kitchen	Ciao Italia	Sara's Weeknight Meals	Martin Yan's China	America's Test Kitchen	
4:30P	& Men Who Sailed the Liberty Ships	<b>Big Comfy Couch . . . Big Comfy Couch . . . Big Comfy Couch</b>					Martin Yan's China	
5:00P	<b>Wild! (R)</b>	Peep & The Big Wide World	Muffy & Friends		See More Playhouse	Signing Time	Sara's Weeknight Meals	
5:30P		Saddle Club	Zula Patrol (R)		Science Files	Danger Rangers	Curiosity Quest	Smart Consumer
6:00P	<b>BBC World News</b>	Knox Zoofari	Curiosity Quest	Donna's Day	Zula Patrol	<b>SADDLE CLUB</b>	<b>BBC World News</b>	
6:30P	I Believe	<b>BBC World News</b>					Woodturning Workshop	